

Whiplash Associated Disorder: Evidence Based Examination & Treatment



We are pleased to announce a clinical education course scheduled for your area!
A course description has been attached.

- DATES:** January 28-29, 2012
- INSTRUCTORS:** Matt Lee, PT, DPT
- LOCATION:** Bellarmine University PT Department
BOB (Bellarmine Office Building)
2120 Newburg Road
Louisville, KY 40205
- TARGET AUDIENCE:** PT
- INSTRUCTIONAL LEVEL:** Intermediate
- TUITION:** \$395 Waived for full time employees of Select Medical's Outpatient Division
- COURSE CAPACITY:** 25 (allocated on a first come first serve basis)
- CONTACT HOURS:** 15
- ACCREDITING BODIES:** Approved provider with NATBOC, AOTA & applying to the Kentucky Physical Therapy Association and Indiana Chapter, APTA
- ENROLLMENT:** <http://selectedu.selectmedicalcorp.com/registration.aspx> or contact apsiegel@selectmedicalcorp.com for an application form.

Participants will receive notification by e-mail from the Department of Outpatient Education confirming their acceptance into the program 4-6 weeks prior to the course. If you do not received confirmation of your status please call 804-290-0179 or email apsiegel@selectmedicalcorp.com.

All participants are expected to attend the entire educational program. No partial continuing education credit can be extended. In the event that an individual who has been confirmed for a program fails to attend without giving prior notification, notification of their absence will be sent to their Market Manager.

Please be advised that the Department of Outpatient Education will not be able to reimburse the participant for any travel, lodging, or meal costs associated with attendance at the program.

Select Medical Department of Outpatient Education
1794 N. Parham Road, Richmond, VA 23229
Phone: (804) 290-0179 Fax: (717) 635-3054

Whiplash Associated Disorder: Evidence Based Examination & Treatment



Course Description:

Whiplash Associated Disorder is a common the physical therapist treats. Yet it is a challenge to understand and difficult to treat due to its varied and complex clinical presentation, potentially involving multiple body systems. This weekend long course will present the physical therapist with the most recent evidence for understanding whiplash associated disorder and applying it to a pragmatic examination and treatment. The course will include in depth understanding and execution of the subjective and objective examinations. Furthermore, based on the examination, the physical therapist will be introduced to appropriate treatments for each particular presentation including manual therapy, exercise and patient education.

Target audience: PT

Instructional Level: Multiple

Learning Objectives: At the conclusion of this course, the participant will:

- Be exposed to terms and application of evidence based practice.
- Understand the characteristics of WAD.
- Understand the evidence supporting that WAD is a heterogenous presentation.
- Stratify whiplash patients into treatment categories.
- 5. Proficiently perform a physical therapy musculoskeletal exam of the head, neck, thoracic spine for the patient that has experienced an whiplash injury.
- 6. Begin treatment for a patient suffering from a whiplash associated disorder.

AGENDA

Saturday—Day One

8:00-8:30	Introduction
8:30-9:00	Anatomy
9:00-10:00	EBP and What is whiplash
10:0-10:15	Break
10:15-12:00	What is Whiplash, start exam (lab) based on the current best evidence.
12:00-1:00	Lunch
1:00-3:00	Examination (lab)
3:00-3:15	Break
3:15-4:15	Characteristics of WAD vs idiopathic neck pain
4:15-5:00	Case study and begin exam process.

Sunday—Day 2

8:00-10:00	Examination with lab
10:00-10:15	Break
10:15-12:00	Examination with lab
12:00-1:00:	Lunch
1:00-3:00	Treatment with lab
3:00-3:15	Break
3:15-5:00	Treatment with lab. Case studies

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Program Accreditation:

The Select Medical Outpatient Clinical Education Department is approved or has applied for accreditation by the following organizations or licensing bodies to provide continuing education for this program. The program offers 15 contact hours for full attendance and completion of all course requirements. Accreditation by the providers below does not imply endorsement of the course content, specific products, or clinical procedures. Approval or endorsement by other organization or licensing bodies is the responsibility of the participant.

**Kentucky Physical Therapy Association
Indiana Chapter, APTA**



ADA Compliance:

The Select Medical Outpatient Clinical Education Department will take all reasonable measures to guarantee equal access to learning opportunities for attendees with disabilities. Educational programming will be sensitive to any sensory or physical impairment that requires special arrangements on behalf of the participant. Please indicate on your registration form if you should be contacted regarding any physical or mental impair-

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