



Outpatient Division Clinical Education Department

TO: Managers and Clinicians
FROM: Alan Evans, PT, MOMT, FAAOMPT, MCSP
DATE: 6/11/2010
RE: **EDUCATION PROGRAM ANNOUNCEMENT**
Current Concepts and Practical Clinical Applications

Please find below information regarding a clinical education course scheduled for your area:

COURSE: Evidence Based Management of the Foot and Ankle

DATES: August 28-29, 2010

SCHEDULED INSTRUCTOR: Eric Quick, PT, OCS, CSCS – Jupiter, FL
Diane Reiley, PT, ATC – Jupiter, FL

LOCATION: NovaCare – Metro Location
720 East Broad Street
Columbus, OH 43215

DIRECTIONS: Take I-71 to the Broad St. exit, head East. Make left onto N. Garfield Ave. just before the church make a quick left and follow the alley into NovaCare parking lot. The clinic is on the 1st floor. Port Columbus Int'l Airport is approximately 8 miles.

Tuition is waived for employees of Select Medical Corporation's Outpatient Division. Course enrollment is limited to 30 participants.

Space is limited and is allocated on a first come first serve basis. Course participants will be given a certificate for 12.5 contact hours of education. Participants will receive notification by fax or e-mail from the Clinical Education Department confirming their acceptance into the program 4 weeks prior to the course. If you have not received confirmation of your status 30 days prior to the date of the program, call 817-488-5159 or email linda.gilles@selectmedicalcorp.com

All participants are expected to attend the entire educational program. No partial continuing education credit can be extended. In the event that an individual who has been confirmed for a program fails to attend without giving prior notification, notification of their absence will be sent to their Market Manager.

Please be advised that the Clinical Education Department will not be able to reimburse the participant foany travel, lodging, or meal costs associated with attendance at the program.

Evidence Based Management of the Foot and Ankle
August 28-29, 2010 – Columbus, OH

Course Description:

This two day seminar is designed to bridge the gap between scientific research and clinical practice. The concepts and principles presented will emphasize current approaches to the biomechanical evaluation and treatment of the lower quarter with emphasis on the foot and ankle pathology. Teaching methods will include lecture (50%), workshop demonstration (25%), and lab practice (25%). The focus of the seminar is on immediate clinical application of evidence-based practice in a limited access environment.

Target Audience: PT, PTA, ATCs **Instructional Level:** Intermediate

Course Learning Objectives:

Following completion of the course the participant will be able to:

1. Integrate the functional anatomy of the lower leg, ankle, and foot into their plan of care on behalf of the patient
2. Identify and palpate various anatomical structures
3. Explain basic lower quarter biomechanical principles as they relate to the foot and ankle
4. Explain and identify normal gait patterns
5. Recognize and implement corrective rehabilitation procedures for pathological gait patterns
6. Perform a biomechanical examination with emphasis on the foot and ankle pathology in less than 30 minutes
7. Recognize the common signs and symptoms of common orthopedic lower leg, ankle, and foot pathologies
8. Design and implement therapeutic activities for injuries to the foot and ankle
9. Perform subtalar joint neutral casting techniques
10. Explain the theories, principles, and practice of orthotic prescription
11. Explain the rationale and perform general mobilization and therapeutic exercise techniques for the foot and ankle
12. Explain the theories, principles, and practice of taping, padding, and orthotic fabrication
13. Apply functional evaluation philosophies and techniques

Course Agenda - Saturday

- 7-7:30 Sign in and introduction
- 7:30-8:00 Review of ankle biomechanics and functional anatomy
- 8:00-8:30 Palpation lab; ankle anatomical landmarks; finding Subtalar Joint Neutral
- 8:30-9:30 Gait and Pathomechanics of Gait Lecture
- 9:30-10:30 Foot and Ankle Evaluation Lecture
- 10:30-12:00 Foot and Ankle Evaluation Lab
- 12:00-1:00 Lunch
- 1:00-2:00 Foot Conditions
- 2:00-3:00 Foot Surgeries
- 3:00-3:30 Interventions (manual and ther ex)
- 3:30-5:00 Therapeutic Exercises and Manual Lab

Sunday

- 8:00-9:00 Orthotics and Taping Lecture
- 9:00-10:30 Orthotics and Taping Lab
- 10:30-11:00 Footwear Assessment and Prescription
- 11:00-12:00 Patient Problems and Q&A

Instructor Biography:

Eric Quick, PT, OCS, CSCS is a graduate of the University of Florida earning his Bachelors of Health Science in Physical Therapy in 1998. He went on to earn his Certified Strength and Conditioning Specialist designation in 2002 and became a Board Certified Orthopedic Clinical Specialist in 2003 from the American Board of Physical Therapy Specialties. He received his Doctor of Physical Therapy degree from Arizona Still University. Eric has been a lecturer for the clinical education department over the past 5 years and has also presented in the online WebEx lecture forum. Eric will be performing the didactic portion of the program with emphasis on anatomy, physiology, biomechanics, and pathology.

Diane Reiley, PT, ATC received her bachelors in Sports Medicine and Athletic Training degree from Central Michigan University in 1989 and received her Physical Therapy degree from Florida International University in Miami in 1996. Diane is a Center Manager at Select Physical Therapy in Jupiter, FL. She has worked in the outpatient, orthopedic setting for the last 21 years during which she has specialized in treatment of the foot and ankle along with orthotic fabrication.

Instructor Disclosure Statement:

The instructors have declared that they do not have a financial interest or other relationship with the manufacturers or providers of services that may be discussed in the course.

Program Accreditation:

The Select Medical Outpatient Clinical Education Department is approved or has applied for accreditation by the following organizations or licensing bodies to provide continuing education for this program. The program offers 12.5 contact hours for full attendance and completion of all course requirements. Accreditation by the providers below does not imply endorsement of the course content, specific products, or clinical procedures. Approval or endorsement by other organization or licensing bodies is the responsibility of the participant.

Ohio Physical Therapy Association



ADA Compliance:

The Select Medical Outpatient Clinical Education Department will take all reasonable measures to guarantee equal access to learning opportunities for attendees with disabilities. Educational programming will be sensitive to any sensory or physical impairment that requires special arrangements on behalf of the participant. Please indicate on your registration form if you should be contacted regarding any physical or mental impairment that would require special accommodation to ensure a satisfactory learning experience.