

# Functional Capacity Evaluation



We are pleased to announce a clinical education course scheduled for your area!  
A course description has been attached.

**DATES:** February 4-5, 2012

**INSTRUCTORS:** Steven M. Clark, OTR, CEAS

**LOCATION:** 7701 Las Colinas Ridge, Suite 110  
Irving, TX 75063

**TARGET AUDIENCE:** PT's, OT's, PTA's, COTA's

**INSTRUCTIONAL LEVEL:** Intermediate

**TUITION:** \$395 Waived for full time employees of Select Medical's Outpatient Division

**COURSE CAPACITY:** 25 (allocated on a first come first serve basis)

**CONTACT HOURS:** 14

**ACCREDITING BODIES:** Approved provider with NATBOC, AOTA & pending approval with the FL PT Assoc.

**ENROLLMENT:**

<http://smportal/Departments/OutpatientDivision/OutpatientEducationSelectLivePrograms/CourseCalendar/tabid/643/Default.aspx> or contact [emelton@selectmedical.com](mailto:emelton@selectmedical.com) for an application form.

Participants will receive notification by e-mail from the Department of Outpatient Education confirming their acceptance into the program 4-6 weeks prior to the course. If you do not received confirmation of your status please call 804-290-0179 or email [emelton@selectmedical.com](mailto:emelton@selectmedical.com).

All participants are expected to attend the entire educational program. No partial continuing education credit can be extended. In the event that an individual who has been confirmed for a program fails to attend without giving prior notification, notification of their absence will be sent to their Market Manager.

Please be advised that the Department of Outpatient Education will not be able to reimburse the participant for any travel, lodging, or meal costs associated with attendance at the program.

Please distribute to all clinicians in your markets that do not have access to email or the intranet.

**Select Medical Department of Outpatient Education**  
1794 N. Parham Road, Richmond, VA 23229  
Phone: (804) 290-0179 Fax: (717) 635-3054

# Functional Capacity Evaluation

## Course Description:

This course will provide extensive training in the Select Medical Work Strategies standardized Functional Capacity Evaluation method. It will provide the theoretical methods of functional testing, provide a standardized step-by-step methodology for Functional Capacity Testing, and explain clinical rationale necessary for interpretation of functional data. The FCE education will reinforce an understanding of Worker's Compensation, Short/Long Term Disability, National Contracts and Internal/External Referral Mechanisms. Upon completion of this course the clinician will be capable of performing the Select Medical Work Strategies Standardized FCE. In addition, to test methodology and data interpretation, the course will provide participants with FCE documentation training and report writing skills.

**Target audience:** PT OT PTA COTA

**Instructional Level:** Intermediate

## Prerequisites:

All clinicians must pass the Select Medical Work Strategies Self Study Course Test prior to attending the FCE Training. The self study exam is located in the back of the Select medical FCE manual available on the SMC website: [http://smcportal/Documents/Outpatient/WorkStrategies/FCE/FCE\\_Select\\_Medical\\_Training\\_Manual.pdf](http://smcportal/Documents/Outpatient/WorkStrategies/FCE/FCE_Select_Medical_Training_Manual.pdf). The manual is located under the outpatient division WorkStrategies section. You will be able to access the FCE Policy and Procedure Training Manual and be required to successfully complete the FCE Self Study Course Test Questions prior to attending the FCE Training. Completed exams should be faxed to the clinical education department to the attention of Erin Melton @ **FAX to** 717-635-3897 for scoring.

## Course Objectives:

- Administer the Select Medical Work Strategies Standardized Functional Capacity Evaluation.
- Develop professional skills to provide objective answers to the referral
- Identify the purpose of FCE testing.
- Understand how to interpret data and professionally determine an individual's ability.
- Understand how to apply the FCE to Workers' Compensation and Long Term Disability patients
- Develop a clear, concise method of report
- Write a report using the Select Medical Work Strategies FCE software.
- Develop new market referral sources to enhance facility revenue through the FCE product line

## **ADA Compliance:**

The Select Medical Outpatient Clinical Education Department will take all reasonable measures to guarantee equal access to learning opportunities for attendees with disabilities. Educational programming will be sensitive to any sensory or physical impairment that requires special arrangements on behalf of the participant. Please indicate on your registration form if you should be contacted regarding any physical or mental impairment that would require special accommodation to ensure a satisfactory learning experience.

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# Functional Capacity Evaluation

Day 1	
7:30	Registration
8:00	Introduction, Attendance, Course Overview, Objectives
8:30	FCE Theory, Methodology and Equipment
9:00	Referral Procedures, Forms and Medical screening
9:30	Intake Interview, Vital Signs, Medical History, Pain Drawing, Job / Occupational History, Cardiovascular Profile, Clinical Observations
10:00	Break
10:15	Musculoskeletal Screening with lab on Dual inclinometry
11:00	Aerobic Capacity Testing with lab
12:00	Lunch
1:00	Isometric consistency and performance testing
2:00	Material Handling: Theory, methodology and lab
3:00	Break
3:15	Positional Tolerance Testing: Theory, methodology and lab
4:15	Exit Testing
5:30	Review Q&A and Adjourn
Day 2	
8:00	Workers' Compensation and Disability Evaluation
9:00	FCE Functional Data Interpretation FCE Report Generation
10:00	Break
10:15	FCE Report Generation
12:15	Break FCE Quality Assurance and Certification Examination
12:30	Review
1:30	FCE Quality Assurance and Certification Examination Adjourn

## **Program Accreditation:**

The Select Medical Outpatient Clinical Education Department is approved or has applied for accreditation by the following organizations or licensing bodies to provide continuing education for this program. The program offers 14 contact hours for full attendance and completion of all course requirements. Accreditation by the providers below does not imply endorsement of the course content, specific products, or clinical procedures. Approval or endorsement by other organization or licensing bodies is the responsibility of the participant.

### **Texas Physical Therapy Association**



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