



**Select Medical Outpatient Division  
Clinical Education Department**

1217 Ira E. Woods Avenue, Grapevine TX 76051  
Phone: 888-913-7300 or 817-488-5159 Fax: 817-488-5289

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TO: Managers and Clinicians  
FROM: Alan Evans, PT, MOMT, FAAOMPT, MCSP  
DATE: 7/19/2010  
RE: **EDUCATION PROGRAM ANNOUNCEMENT  
Current Concepts and Practical Clinical Applications**

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Please find below information regarding a clinical education course scheduled for your area:

**COURSE:** Functional Capacity Evaluation  
**DATES:** October 2-3, 2010  
**SCHEDULED INSTRUCTOR:** Anne Marciniak, PT  
Cincinnati, OH  
**LOCATION:** Select Physical Therapy  
17331 E. 40 Hwy, Ste. 105  
Independence, MO 64055  
Host Center Manager: Mike Heinz  
Host Contact(s): Kim Salanski/Chris Walter

**DIRECTIONS:** Facility is located just south of interstate 70 between 291 and Lee's Summit Road on US Highway 40 in the 40 Hi Center Strip Mall on the south side of Highway 40. Parking lot in front of facility in the 40 Hi Center Strip Mall narrow parking. Kansas City, MO Int'l Airport is 36.74 miles.

Tuition is waived for employees of Select Medical Corporation's Outpatient Division. Course enrollment is limited to 25 participants.

Space is limited and is allocated on a first come first serve basis. Course participants will be given a certificate for 14 contact hours of education. Participants will receive notification by fax or e-mail from the Clinical Education Department confirming their acceptance into the program 4-6 weeks prior to the course. If you have not received confirmation of your status 30 days prior to the date of the program, call 817-488-5159 or email [linda.gilles@selectmedicalcorp.com](mailto:linda.gilles@selectmedicalcorp.com)

All participants are expected to attend the entire educational program. No partial continuing education credit can be extended. In the event that an individual who has been confirmed for a program fails to attend without giving prior notification, notification of their absence will be sent to their Market Manager.

Please be advised that the Clinical Education Department will not be able to reimburse the participant for any travel, lodging, or meal costs associated with attendance at the program.

## **Functional Capacity Evaluation** **October 2-3, 2010 – Independence, MO**

### **Course Description:**

This course will provide extensive training in the Select Medical Work Strategies standardized Functional Capacity Evaluation. It will provide the theoretical methods of functional testing, provide a standardized step-by-step methodology for Functional Capacity Testing, and explain clinical rationale necessary for interpretation of functional testing data. The FCE education will reinforce an understanding of Worker's Compensation, Short/Long Term Disability, National Contracts and Internal/External Referral Mechanisms. Upon completion of this course the clinician will be capable of performing the Select Medical Work Strategies Standardized FCE. In addition to FCE test methodology and data interpretation, the course will provide participants with FCE documentation training and report writing skills.

**Target Audience:** PT, PTA, OT, COTA

**Instructional Level:** Intermediate

### **Prerequisites:**

All clinicians must read the Select Medical FCE Training Manual and pass the Select Medical Work Strategies Self Study Course Test prior to attending the FCE Training. The self study exam is located on page 175 of the Select Medical FCE Training Manual. The FCE Training Manual is located at: [http://smcweb/outpatient/novacare/ws/fce/FCE\\_Select\\_Medical\\_Training\\_Manual.pdf](http://smcweb/outpatient/novacare/ws/fce/FCE_Select_Medical_Training_Manual.pdf). The FCE Training Manual is located under the outpatient division WorkStrategies intranet site <http://smcweb/outpatient/workstrategies.asp>. You will be able to access the FCE Policy and Procedure Training Manual and required to successfully complete the WorkStrategies FCE Certification Examination Questions prior to attending the FCE Training. Completed exams should be faxed to the continuing education department to the attention of Glenda Bell @ **FAX to 817-488-5289** for scoring.

*\*\*Each clinician will be responsible for printing a copy of the FCE Training Manual and FCE forms. Bring the FCE Training Manual and Forms to the FCE Training course.*

### **Course Objectives**

The participant will be able to:

1. Administer the Select Medical Work Strategies Standardized Functional Capacity Evaluation.
2. Develop professional skills to provide objective answers to the referral
3. Identify the purpose of FCE testing.
4. Understand how to interpret data and professionally determine an individual's ability.
5. Understand how to apply the FCE to Workers' Compensation and Long Term Disability patients
6. Develop a clear, concise method of report writing.
7. Write an objective report using the Select Medical Work Strategies FCE software.
8. Develop new market referral sources to enhance facility revenue through FCE services.

### **Instructor Biography:**

**Anne Marciniak, PT** has been is currently the Regional Director of Industrial Services based out of Cincinnati, OH. She graduated in 1994 with a degree in Physical Therapy from the University of Vermont and joined the company in 1996. She has served as the market coordinator for a variety of industrial programs including Functional Capacity Evaluations, Work Conditioning/Hardening, Post Offer Testing, Ergonomics Consultation, Transitional Work, Injury Prevention and Chronic Pain Management. She is an Accredited Transitional Work Developer for the State of Ohio BWC and has performed on-site industrial services for over 60 employers. She has presented more than 120 times to clinicians, physicians, case managers, and employers on various industrial topics focusing both on safety and rehabilitation. She is currently Select Medical Corporation's national account manager for WorkSTEPS employment testing.

## Day 1

8:00 am	Introduction, Attendance, Course Overview, Objectives
8:30 am	FCE Theory, Methodology and Equipment
9:30 am	Referral Procedures and FCE Forms
10:00 am	Intake Interview, Vital Signs, Medical History, Pain Drawing, Job / Occupational History, Cardiovascular Profile, Clinical Observations
11:00 am	Musculoskeletal Screening
12:00 pm	Lunch
1:00 pm	Aerobic Capacity / Cardiovascular Conditioning Assessment and Lab
2:00 pm	Isometric Consistency Testing and Lab
3:00 pm	Dynamic Lift Testing – Occasional, Frequent, Job Specific and Lab
4:00 pm	Positional Tolerance – Non-Material Handling and Lab
5:00	Conclusion

## Day 2

8:00 am	LAB
10:00 am	Functional Data Interpretation
11:00 am	Report Generation FCE Report Review and QA processes
12:30 pm	Lunch
1:30 pm	FCE process Review
2:30 pm	Wrap-up/Adjourn

### **Instructor Disclosure Statement:**

The instructor has declared that she does not have a financial interest or other relationship with the manufacturers or providers of services that may be discussed in the course.

### **Program Accreditation:**

The Select Medical Outpatient Clinical Education Department is approved or has applied for accreditation by the following organizations or licensing bodies to provide continuing education for this program. The program offers 14 contact hours for full attendance and completion of all course requirements. Accreditation by the providers below does not imply endorsement of the course content, specific products, or clinical procedures. Approval or endorsement by other organization or licensing bodies is the responsibility of the participant.

### **Kansas Physical Therapy Association**



### **ADA Compliance:**

The Select Medical Outpatient Clinical Education Department will take all reasonable measures to guarantee equal access to learning opportunities for attendees with disabilities. Educational programming will be sensitive to any sensory or physical impairment that requires special arrangements on behalf of the participant. Please indicate on your registration form if you should be contacted regarding any physical or mental impairment that would require special accommodation to ensure a satisfactory learning experience.