

Manual Therapy of the Upper Quarter For the Ortho Clinician



We are pleased to announce a clinical education course scheduled for your area!
A course description has been attached.

- DATES:** February 25-26, 2012
- INSTRUCTORS:** Josh Hayes, PT, MOMT, FAAOMPT, MCSP
- LOCATION:** Landry
411 North Washington Ave., Suite 4000
Dallas, TX 75246
- TARGET AUDIENCE:** PT OT SPT SOT
- INSTRUCTIONAL LEVEL:** Advanced
- TUITION:** \$395 Waived for full time employees of Select Medical's Outpatient Division
- COURSE CAPACITY:** 25
- CONTACT HOURS:** 14
- ACCREDITING BODIES:** Approved provider with NATBOC, AOTA & pending approval with the GA PT Association
- ENROLLMENT:** <http://selectedu.selectmedicalcorp.com/registration.aspx> or contact apsiegel@selectmedical.com for an application form

Participants will receive notification by e-mail from the Department of Outpatient Education confirming their acceptance into the program 4-6 weeks prior to the course. If you do not received confirmation of your status please call 804-290-0107 or email apsiegel@selectmedical.com.

All participants are expected to attend the entire educational program. No partial continuing education credit can be extended. In the event that an individual who has been confirmed for a program fails to attend without giving prior notification, notification of their absence will be sent to their Market Manager.

Please be advised that the Department of Outpatient Education will not be able to reimburse the participant for any travel, lodging, or meal costs associated with attendance at the program.

Select Medical Department of Outpatient Education
1794 N. Parham Road, Richmond, VA 23229
Phone: (804) 290-0107 Fax: (717) 635-3897

Manipulation of the Upper Quarter for the Ortho Clinician

Course Description:

This program is designed to provide clinicians with manipulation techniques for the upper quarter, which includes the thoracic and cervical spine, as well as the upper extremities. The emphasis will be on clinical indications and safety. An overview of manipulative therapy is provided, after which the clinician will review and practice manipulative techniques and discuss indications for intervention. Based on the APTA format, participants will briefly discuss the examination, evaluation, diagnosis, prognosis, and intervention for the selected body structures. The intervention portion of this class will discuss manual techniques, with the focus being on manipulation. This course utilizes both lecture and lab sessions, with the emphasis being on lab sessions. This course is approximately 70% lab and 30% lecture/discussion.

Target audience: PT OT SPT SOT

Instructional Level: Advanced

Prerequisites: None

Course Objectives:

The goal of this course is to present manipulative techniques for the upper quarter based on the current literature and APTA format. After completion of this seminar, participants will be able to:

- Discuss the neurophysiological and mechanical benefits of manipulative therapy.
- Discuss the mechanism of manipulation and differences between cavitation and non-cavitation.
- Discuss the indications and precautions for manipulative therapy.
- Relate biomechanics of the upper quarter to intervention as demonstrated through case scenario and participant interaction.
- Perform manipulative techniques for the thoracic spine as demonstrated on a course participant.
- Perform manipulative techniques for the cervico-thoracic junction as demonstrated on a course participant.
- Perform manipulative techniques for the cervical spine as demonstrated on a course participant.
- Perform manipulative techniques for the sternoclavicular joint as demonstrated on a course participant.
- Perform manipulative techniques for the acromioclavicular joint as demonstrated on a course participant.
- Perform manipulative techniques for the articulations of the elbow as demonstrated on a course participant.
- Perform manipulative techniques for the articulations of the wrist and hand as demonstrated on a course participant.
- Describe osteoporosis and its relevance to manipulation of the spine.
- Discuss current research in regards to clinical prediction rules for patients with cervical and shoulder pain.

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Agenda:

Saturday

7:30 a.m.	Registration
8:00 a.m.	Introduction and Course Objectives
8:30 a.m.	Manual and Manipulative Therapy – overview and Q&A
9:45 a.m.	Break
10:00 a.m.	Thoracic Spine Mobilization and Manipulation
12:00 p.m.	LUNCH
1:00 p.m.	Mid-Cervical Mobilization and Manipulation
3:00 p.m.	Break
3:15 p.m.	Upper Cervical Mobilization and Manipulation
5:00 p.m.	Case Studies
5:30 p.m.	Questions
6:00 p.m.	Adjourn

Sunday

8:00 a.m.	Questions/ Review
8:30 a.m.	Shoulder Mobilization and Manipulation
10:00 a.m.	Elbow Mobilization and Manipulation
11:00 a.m.	Wrist and Hand Mobilization and Manipulation
12:00 p.m.	Questions/Case Studies
1:00 p.m.	Adjourn

Program Accreditation:

The Select Medical Outpatient Clinical Education Department is approved or has applied for accreditation by the following organizations or licensing bodies to provide continuing education for this program. The program offers 14 contact hours for full attendance and completion of all course requirements. Accreditation by the providers below does not imply endorsement of the course content, specific products, or clinical procedures. Approval or endorsement by other organization or licensing bodies is the responsibility of the participant.



Texas Physical Therapy Association



ADA Compliance:

The Select Medical Outpatient Clinical Education Department will take all reasonable measures to guarantee equal access to learning opportunities for attendees with disabilities. Educational programming will be sensitive to any sensory or physical impairment that requires special arrangements on behalf of the participant. Please indicate on your registration form if you should be contacted regarding any physical or mental impairment that would require special accommodation to ensure a satisfactory learning experience.

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