Joe Zucco is currently a Clinic Manager at NovaCare Rehabilitation in Chicago, IL. He received his Masters of Physical Therapy from the University of Missouri in 2002 and received his Doctorate of Physical Therapy from Ola Grimsby Institute in 2005. He has completed extensive training in manual therapy and provides treatment of vestibular dysfunction. Over the last eight years, Joe has taught a variety of courses with focuses on manual therapy, the Sacroiliac joint, and taping. He teaches with an emphasis on evidence-based treatment approaches for lower-extremity and lumbopelvic dysfunction.

Program Accreditation:
Select Medical is recognized by the Board of Certification, Inc. to offer continuing education for Certified Athletic Trainers. This activity is approved for 11.25 Category A hours. This course is pending approval with the Pennsylvania, Maryland, and New Jersey State Board of Physical Therapy Examiners.

Non-Discrimination Statement:
Select Medical does not discriminate on the basis of race, color, national origin, religion, sex, disability, military status, sexual orientation or age. Select Medical is committed to accessibility and non-discrimination in all aspects of its continuing education activities. Participants who have special needs are encouraged to contact program organizers so that all reasonable efforts to accommodate these needs can be made.
**Course Description**

The purpose of this course is to provide practicing clinician Trainer with foundational anatomical knowledge of the lumbopelvic region, current research and treatment concepts, advanced examination techniques, functional exercise prescription, and prophylactic recommendations for patients. The course will emphasize thorough examination to specifically diagnose pathology of the lumbar spine and/or sacroiliac regions.

**Course Objectives**

Upon completion of this course, the participant will be able to:

- Describe examination and all appropriate tests for differential diagnosis of lumbopelvic pain.
- Describe the utility of tissue specific diagnosis for purpose of applying most appropriate treatment paradigm.
- Describe competency of lumbar and sacroiliac special tests.
- Describe competency of lumbopelvic soft tissue, joint, and neural mobilization and manipulation techniques.
- Describe and apply exercise prescription for various diagnoses of lumbopelvic pain based on evidence-based practices.

**Agenda**

**Saturday**

7:30  Registration
8:00  Introduction/Objectives
8:15  Current research of anatomy, biomechanics, & differential Diagnosis
9:45  BREAK
10:00 Special tests lab
11:00 Soft tissue mobilization lab
12:00 LUNCH
1:00  Lumbopelvic examination
2:00  Neural mobilization lab
2:45  BREAK
3:00  Case studies
3:30  Core stabilization training principles
5:00  Adjourn

**Sunday**

8:00  Review & case study
8:15  Lumbopelvic mobilization/manipulation
9:45  BREAK
10:00 Stabilization exercise progressions
11:00 Home care & prophylaxis
11:45  Wrap-up & questions
12:00 Adjourn

**QUESTIONS:**

If you have questions, please contact course Coordinator, Maureen Hoehne:
maureen.hoehne@selectmedical.com or 804-290-0107.

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**Cancellation Policy:** Written notification of cancellation 10 days prior to course date – Refund request will be honored (less $50 processing fee). Cancellation notification within 10 days prior to the course will result in full forfeiture of tuition amount. Select Medical reserves the right to cancel this program. In the event of course cancellation, a full refund will be given.

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**Enrollment for SELECT MEDICAL EMPLOYEES only**

http://smportal/Departments/OutpatientDivision/outpatientEducation/SelectLiveProbrams/CourseCalendar/tabid/643/Default.aspx or contact mhoehne@selectmedical.com for an application form.