Janine Fee, MS, MPT
Janine practices vestibular and balance rehabilitation in a variety of settings, including inpatient and outpatient rehabilitation, emergency department, and acute care. She holds Master's degrees in Exercise Physiology and Physical Therapy, and is certified in Vestibular Rehabilitation.

Faculty

Program Accreditation:
Select Medical is recognized by the Board of Certification, Inc. to offer continuing education for Certified Athletic Trainers. This activity is approved for 15 Category A hours. This course is pending approval with the Florida Board of Physical Therapy. Select Medical is an approved provider with the American Occupational Therapy Association.

Non-Discrimination Statement:
Select Medical does not discriminate on the basis of race, color, national origin, religion, sex, disability, military status, sexual orientation or age. Select Medical is committed to accessibility and non-discrimination in all aspects of its continuing education activities. Participants who have special needs are encouraged to contact program organizers so that all reasonable efforts to accommodate these needs can be made.
Course Description

This evidence-based course will train clinicians in the practical management of vestibular disorders. The course will include instruction in anatomy and physiology, medical management, pathology, detailed bedside examination and treatment skills. The material will be presented in a lecture, lab and video case study format. Competence in the performance of a comprehensive office / bedside examination and treatment skills will be addressed in a lab format. The seminar is intended to enhance the clinician’s ability to evaluate the appropriateness and effectiveness of vestibular rehabilitative therapy (VRT) for common vestibular disorders. Practical application of VRT to a variety of practice settings (VRT) for common vestibular disorders. Practical effectiveness of vestibular rehabilitative therapy (VRT) for common vestibular disorders. Practical effectiveness of vestibular rehabilitative therapy (VRT) for common vestibular disorders. Practical effectiveness of vestibular rehabilitative therapy (VRT) for common vestibular disorders.

Course Objectives

- Upon completion the participant will be able to:
  - Perform a detailed bedside vestibular & balance examination.
  - Based on patient history and bedside examination, identify the specific features of: - Peripheral vestibular disorders - Central vestibular disorders - Non-vestibular dizziness
  - Recognize typical characteristics of peripheral vestibular vs. central-etiologic nystagmus.
  - Identify appropriate standardized assessment tools for use in vestibular rehabilitation.
  - Prescribe rehabilitation programs to address adaptation and compensation for vestibular dysfunction.
  - Identify specific variants of BPPV and perform appropriate canalith repositioning maneuvers.
  - Identify indications for further medical referral.

Agenda

**Saturday**
7:30  Registration  
8:00  Anatomy and Physiology of the Vestibular and Balance System  
10:00  Break  
10:15  Vestibular Disorders and Management Options/Non-Otogenic Dizziness  
12:00  Lunch  
1:00  Vestibular Disorders and Management Options/Non-Otogenic Dizziness (cont)  
1:30  Bedside / Office Examination (combined lecture/practicum) Ocular ROM, gaze holding, saccades, multi-canal head impulse testing, post-head shake induced nystagmus, hyperventilation, valsalva, static vs. dynamic visual acuity, head positioning tests, past pointing, Fukuda, Step Test, CTSIB, gait  
3:45  Break  
4:00  Vestibular and Balance Rehabilitative Treatment Strategies  
4:45  Video Case Studies  
5:30  Close

**Sunday**
7:45  Benign Paroxysmal Positional Vertigo  
Pathophysiology, identification of variant forms, canalith repositioning maneuvers, management guidelines, efficacy review  
10:00  Break  
10:15  Video Case Studies (BPPV)  
11:00  Lab (BPPV Practicum): -Examination: Hallpike, Roll, Sidelying Tests; -Maneuvers: Modified Epley, Semont, Gan’s, Appiani  
12:30  Close

Instructional Method: lecture/lab
Student to faculty ratio: 16:1