5th Annual Charlotte Sports Medicine Symposium
June 7, 2014
Covenant Day High School
200 Covenant Church Lane
Matthews, NC 28105
www.covenantday.org

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7:30 a.m. - 8 a.m.
Registration and Breakfast

8 a.m. - 9:30 a.m.
Craig Brattlie Presentation –
“Functional Movement Screen”

9:30 a.m. - 10:30 a.m.
Michael Arcidiacono Presentation –
“Caring for the Recreational Endurance Athlete”

10:30 a.m. - 12 p.m.
Christopher Lenihan Presentation –
“Concussion Rehabilitation”

12 p.m. - 12:30 p.m.
Lunch Provided

12:30 p.m. - 1:30 p.m.
Dr. Robert Alcott Presentation –
“From Pickle Juice to IV’s:
Evidence-based Treatment of Exercise Associated Muscle Cramps”

1:30 p.m. - 2 p.m.
Wrap-up and Prizes

Cost:
Prior to May 16: $35
After May 16: $40

Payment: (non-refundable):
☐ Check: Payable to Select Medical Corporation
☐ Credit Card: ☐ Visa ☐ Mastercard ☐ Amex
Credit Card Number: ______________________
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Mail registration and payment to:
Charlotte Sports Medicine Symposium
Select Physical Therapy
8220 University Executive Park Drive
Suite 140
Charlotte, NC 28262
This symposium is approved for 5 CEUs and is designed to help the sports medicine professional stay ahead with current trends and apply new techniques when rehabilitating an athlete. Approved by the BOC and NC PTA.

Course Location:

Covenant Day High School
200 Covenant Church Lane
Matthews, NC 28105

For directions, please visit:
www.covenantday.org

If you have questions, or have special needs, please contact:
Katelyn Collien 608.417.0492
Tony Benz 704.564.6381

Meet the presenters

Craig Brattlie, PT, DPT, CSCS, is a physical therapist at Select Physical Therapy in Matthews, NC. Craig earned his doctor of physical therapy degree from the State University of New York at Buffalo in 2008 and is a Certified Strength and Conditioning Specialist by the National Strength and Conditioning Association. He is Functional Movement Screen Certified and utilizes the screen and corrective exercises regularly in rehabilitation of his patients. Craig has been with Select Physical Therapy for over five years and lives in South Charlotte with his wife, Nicole, and son, Lucas.

Michael Arcidiacono LAT, ATC, is an athletic trainer for Select Physical Therapy and a doctor of physical therapy student at Winston-Salem State University. Michael graduated in May 2009 from the University of North Carolina at Charlotte with a bachelor’s degree in athletic training. He became a Certified Athletic Trainer from the NATA in June of 2009. Michael has a passion for triathlons, cycling, running and being involved in the community. He has qualified and participated in the 2011 ITU Long Distance Triathlon World Championship and the 2012 Boston Marathon.

Chris Lehihan, P.T., is a physical therapist with Select Physical Therapy. He has 10 clinical years of experience under his belt, achieving success in the treatment of vestibular disorders, acute low back and cervical pain, plantar fasciitis and post-op orthopedics. Chris earned his bachelor’s degree in physical therapy in 2003 from the University of Salford, United Kingdom. He is a member of The Chartered Society of Physiotherapy. Chris moved to the United States in 2008 and has been employed by Select Physical Therapy since that time. He became certified in 2012 in the Graston Technique. He has treated several Olympians, professional soccer and football players, college and high school athletes. Chris’ vision is to aim to treat all of his patients as if they were members of his own family. Seeing his patients overcome challenges and return to their normal lives inspires him. He uses his experience as an elite rower and coach, combined with his skill as a physical therapist, to help each patient achieve their goals.

Dr. Robert Alcott, DO, is a primary care sports medicine physician with Carolinas Healthcare Sports Medicine & Injury Care. He is board certified in Family Medicine and Sports Medicine by the American Board of Family Medicine. Dr. Alcott enjoys treating active individuals of all ages with musculoskeletal and sports medicine ailments. He has extensive experience as a team physician at the high school and college level, and is currently the team physician at Union Academy and an assistant team physician at Wingate University.