Susan Blackmore, MS, OTR/L, CHT
Sue has extensive experience teaching nationally and internationally at continuing education courses over the past 33 years. She has also taught at the university level and has been involved with clinical mentorship. Sue has participated in clinical research and has published in both journals and textbooks.

Program Accreditation
Select Medical is an approved provider with the American Occupational Therapy Association. Select Medical is recognized by the Board of Certification, Inc. to offer continuing education for Certified Athletic Trainers. This course is pending approval with the NJ & PA Boards of Physical Therapy Examiners.

Non-Discrimination Statement:
Select Medical does not discriminate on the basis of race, color, national origin, religion, sex, disability, military status, sexual orientation or age. Select Medical is committed to accessibility and non-discrimination in all aspects of its continuing education activities. Participants who have special needs are encouraged to contact program organizers so that all reasonable efforts to accommodate these needs can be made.

Due to the manual techniques that will be practiced during the course, each participant will need to complete a release and waiver of liability form which will be forwarded with course confirmation.

QUESTIONS:
If you have questions, please contact course Coordinator, Erin Melton: emelton@selectmedical.com or 804-290-0107.
Therapy Management of Traumatic Elbow Injuries

Course Description
This seminar covers the evaluation and treatment of selected traumatic injuries about the elbow ranging from acute injury management to understanding and treating the sequela from the injury. Surgical management and specific precautions related to surgery are discussed. Conditions reviewed include: distal biceps and triceps ruptures and repair; fractures and dislocations about the elbow; differential diagnosis of causes of stiffness about the elbow and therapeutic management; and review of orthotic options to increase passive range of motion about the elbow.

Course Objectives
Upon completion the participant will be able to:
• Identify anatomical structures about the elbow as they relate to traumatic injuries
• Understand non-operative treatments to allow for healing; surgical options; and related post-injury and surgery precautions for selected elbow topics.
• Identify key components in a comprehensive evaluation of the elbow and differential tissue assessment to identify key tissues to target in treatment.
• Apply a variety of treatment techniques to resolve deficits post elbow trauma through case studies.
• Identify biomechanical principles to the selection of appropriate orthoses to resolve capsular stiffness about the elbow and forearm.
• Identify effective treatment for the conditions reviewed through the evidence.

Agenda
Day 1:
8:00 Review of key anatomical structures and biomechanics about the elbow and forearm.
8:20 Distal humerus fractures, olecranon fractures, radial head fractures: fracture patterns; non-operative and surgical management; therapy evaluation and early management.
9:30 Elbow dislocations: types; non-operative and surgical management; therapy evaluation and treatment.
10:15 Break
10:30 Q and A: Case discussions
11:00 Distal biceps and triceps ruptures: diagnosis; non-operative and surgical management; therapy evaluation and treatment; return to heavy work and sports.
12:00 Lunch
1:00 Differential evaluation for the stiff elbow and therapeutic techniques.
2:00 Management of elbow contracture release including the use of the compass elbow hinge.
2:45 Algorithm for orthotic intervention choices to treat elbow and forearm capsular stiffness and biomechanical rationale.
3:15 Break
3:30 Case Discussions
4:00 Close

Therapy Management of Traumatic Elbow Injuries

March 21, 2015

Please check: □ATC □PT □PTA □OT □OTA □Other______

Name:__________________________________________
Address:________________________________________
City:___________________State:____Zip:_____________
Phone:_________________________________________
Email:__________________________________________
(Please provide E-mail to receive electronic confirmation)

Registration Fee: $245.00

Payment Options:
1. Fax completed registration/payment info to 717.635.3897
   Check payable to: Select Medical
2. Credit Card: □Visa □Mastercard □Check
   Credit Card number: ____________________________
   Expiration Date: _____ CCV Code: _________
   Signature: ________________________________

3. Mail Registration and Check to:
   Select Medical  Attn: Erin Melton
   1794 N. Parham Road, Richmond, VA  23229
   Fax: 717.635.3897
   Email: emelton@selectmedical.com

Cancellation Policy: Written notification of cancellation 10 days prior to course date – Refund request will be honored (less $50 processing fee). Cancellation notification within 10 days prior to the course will result in full forfeiture of tuition amount. Select Medical reserves the right to cancel this program. In the event of course cancellation, a full refund will be given.

Enrollment for SELECT MEDICAL EMPLOYEES only
http://smportal/Departments/OutpatientDivision/outpatientEducation/SelectLiveProbrams/CourseCalendar/tabid/643/Default.aspx or contact emelton@selectmedical.com for an application form.

QUESTIONS:
If you have questions, please contact course Coordinator, Erin Melton: emelton@selectmedical.com or 804-290-0107.