Course Description
This program is designed to provide clinicians with the most recent evidence on the lumbo-pelvic complex. The primary focus of this course is on the sacroiliac joint with ancillary attention to the associated structures. A comprehensive review of the anatomy and biomechanics is provided, after which the clinician will be provided with an evidence-based examination process. Based on the APTA format, participants will discuss the examination, evaluation, diagnosis, prognosis, and intervention for this portion of the spine. The intervention portion of this class will discuss manual techniques, including mobilization and manipulation. Additionally, exercise concepts and techniques as well as adjunctive therapies will also be discussed. This course utilizes both lecture and lab sessions, with the emphasis being on lab sessions.

Course Objectives
Upon completion the participant will be able to:
• Describe the functional anatomy of the lumbo-pelvic complex and its relation to sacroiliac dysfunction and lumbar dysfunction.
• Describe the mechanical relationship of the pelvis, hip, and lumbar spine with normal movement patterns.
• Relate biomechanics of the lumbo-pelvic complex to patient examination and intervention as demonstrated through case scenario and participant interaction.
• Identify potential relationship between dysfunction and abnormal joint and neuromuscular behavior of the lumbo-pelvic complex as demonstrated on a course participant or faculty member.
• Perform a comprehensive examination of the lumbo-pelvic complex as demonstrated on a course participant or faculty member.
• Describe theory and application of mobilization and impulse manipulative techniques, understanding the indications and contraindications to this intervention.

Day 1
7:30 Registration
8:00 Introduction and Course Objectives
8:30 Anatomy of the Lumbo-Pelvic Complex
9:15 Biomechanics of the Lumbo-Pelvic Complex
10:00 Break
10:15 Classification Systems of the Lumbo-Pelvic Complex
11:00 Examination of the Lumbo-Pelvic Complex
12:00 LUNCH
1:00 Examination Lab
2:30 Clinical Decision Making for the Lumbo-Pelvic Complex
3:00 Break
3:15 Manual Intervention Techniques for the Lumbo-Pelvic Complex - Mobilization
4:00 Manual Intervention Techniques for the Lumbo-Pelvic Complex - Manipulation
5:30 Questions
6:00 Adjourn

Day 2
8:00 Questions/Review Examination and Intervention Techniques
8:30 Manual Intervention Techniques Lab
10:00 Break
10:15 Comprehensive Intervention of the Lumbo-Pelvic Complex
- Exercise
- Adjunctive Therapy (Bracing, Medical Management)
11:45 Questions/ Case Studies
1:00 Adjourn

• Treat lumbo-pelvic complex dysfunction with appropriate interventions including mobilization, manipulation, neuromuscular treatments and other complimentary therapies as demonstrated on a course participant or faculty member.
• Use evidence-based exercise application for treatment of lumbo-pelvic dysfunction as it relates to anatomical/biomechanical abnormality.

Evidence Based Evaluation and Treatment of the Lumbopelvic Spine and SI Joint
January 24-25, 2015
Please check: □ATC □PT □PTA □OT □OTA □Other______
Name:________________________________________
Address:________________________________________
City:___________________State:____Zip:_____________
Phone:_________________________________________
Email:_________________________________________
(Please provide E-mail to receive electronic confirmation)

Registration Fee: $425.00

Payment Options:
1. Fax completed registration/payment info to
717.635.3897
Check payable to: Select Medical
2. Credit Card: □Visa □Mastercard □Check
Credit Card number:________________________________________
Expiration Date:______ CCV Code:___________
Signature:____________________________________

3. Mail Registration and Check to:
Select Medical  Attn: Erin Melton
1794 N. Parham Road, Richmond, VA  23229
Fax: 717.635.3897
Email: apsiegel@selectmedical.com

Cancellation Policy: Written notification of cancellation 10 days prior to course date – Refund request will be honored (less $50 processing fee). Cancellation notification within 10 days prior to the course will result in full forfeiture of tuition amount. Select Medical reserves the right to cancel this program. In the event of course cancellation, a full refund will be given.

Enrollment for SELECT MEDICAL EMPLOYEES only
http://smportal/Departments/OutpatientDivision/outpatientEducation/SelectLiveProbrams/CourseCalender/tabid/643/Default.aspx or contact apsiegel@selectmedical.com for an application form.
Josh Hayes, PT, DPT, OCS

Josh received his degree in Chemistry from the University of North Carolina at Chapel Hill and went on to get his Master of Physical Therapy from the University of North Florida. Dr. Hayes completed his Doctor of Physical Therapy from the University of North Carolina at Chapel Hill with a focus on manual therapy and the lumbo-pelvic complex. Additionally, Dr. Hayes is a board-certified Orthopedic Clinical Specialist from the American Board of Physical Therapy Specialties. Josh is currently a Center Manager in Gilbert, Arizona.

QUESTIONS:
If you have questions, please contact course Coordinator, Aimee Siegel: apsiegel@selectmedical.com or 804-290-0107.

Program Accreditation:
Select Medical is an approved provider with the National Athletic Board of Certification #P570 and American Occupational Therapy Association #4018. This course 14 CEUs.