



# 22nd Annual Sports Medicine Symposium

**A View From the Dugout: An In-Depth Look at Baseball Injuries**  
**TUESDAY, AUGUST 1, 2017**



**Course Location:**  
 Rentschler Field, East Hartford, CT

**Cost:**  
**Professional:**  
 \$120.00 Early Bird registration prior to July 21, 2017  
 \$149.00 after July 21, 2017 and on site registration

**Students:**  
 \$60.00

**Mail registration & payment to:**  
 Select Physical Therapy  
 29 North Main Street  
 West Hartford, CT 06107  
 860.561.3960

**Register on-line:**  
<https://2017baseballsymposiumaviewfromthedugout.eventbrite.com>  
 (No purchase orders accepted. Online registration closes July 31.)

P R E S E N T E D B Y



This symposium is designed to help the sports medicine professional prepare for the upcoming sports season and beyond. Portions of the proceeds will fund two student Athletic Training undergraduate scholarships.

\* Program is approved for 6.5 CEUs, including 1.5 CEUs applied for Evidenced-Based Practice (EPB-Pending).

**FEATURED SPEAKERS:** Our featured speakers will relay experience from all levels, most notably from affiliations with MLB past and present – Yankees, Mets, Cardinals, Indians, Cubs and Marlins.

- 7 a.m.  
**Registration (Breakfast provided)**
- 7:50 a.m.  
**Introduction**
- BATTER UP - Throwing Mechanics**
- 8 a.m.  
**Baseball Myths**
- 8:20 a.m.  
**Building Throwing from the Mound Up \*EBP**
- 8:50 a.m.  
**Warm Up Through the Ages**
- MOUND VISIT - Break**
- 9:15 a.m.  
**Visit with Vendors**
- ON DECK - Orthopaedics**
- 9:30 a.m.  
**Clinical Evaluation of the Throwing Shoulder**
- 10 a.m.  
**Clinical Evaluation of the Throwers Elbow**
- COLOR COMMENTARY - Pardon the Interruption**
- 10:30 a.m.  
**Panel Discussion and Questions**
- PITCHING CHANGE - Learning Labs**  
*attendees can choose two of the 25 minute labs*
- 10:55 a.m.  
**Rock Tape**  
**Core Stability**  
**Vision Training Power**  
**Production for Hitters**
- Lunch/Visit Vendors**
- 11:45 a.m. - **Lunch (provided)**
- 12:10 p.m.  
**AlterG® Advances in Training**
- HIT BY A PITCH - Concussions**
- 12:15 p.m.  
**"What if I Told You One Pitch Altered the Course of My Baseball Career and Life"**
- 12:45 p.m.  
**Concussions in Baseball \*EBP**
- 1:15 p.m.  
**Keeping Your Eye on the Ball \*EBP**
- 7TH INNING STRETCH - Break**
- 1:45 p.m.  
**Visit with Vendors**
- HOME RUN - Rehabilitation for Throwing Athletes**
- 2 p.m.  
**Scapular Dyskinesia - The Effect on Throwing**
- 2:30 p.m.  
**Current Concepts for Functional Athletic Development**
- 3 p.m.  
**Return to Throw Program Progression**
- WALK OFF**
- 3:30 p.m.  
**Grand Slam Social**